

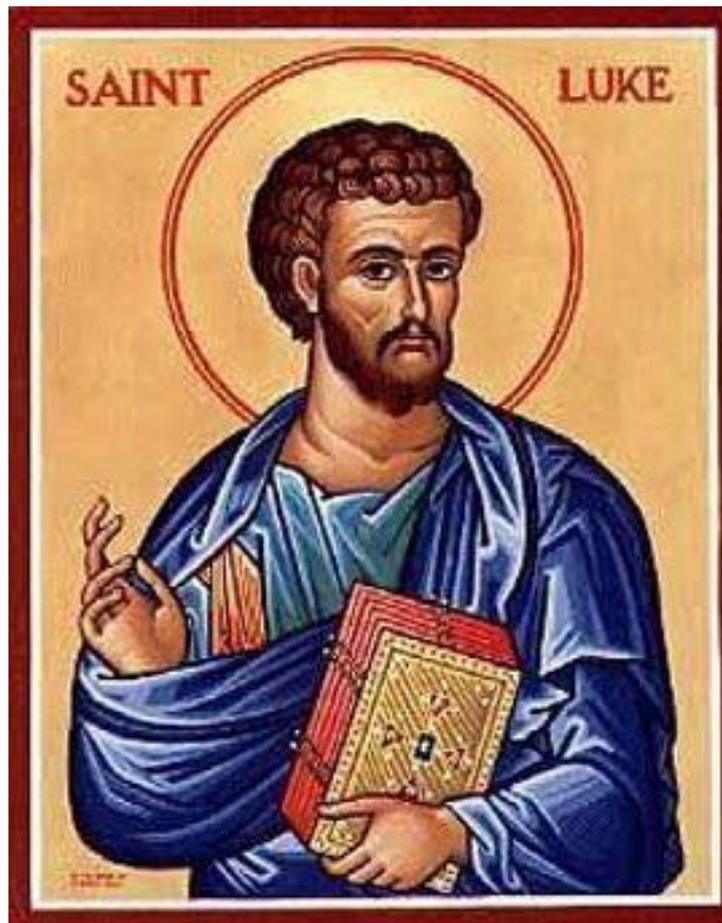


St George's Anglican Church | Malvern

Welcome to St George's

Feast of St Luke, Evangelist and Martyr

18 October 2020



Feast of St. Luke; Christian Religious Observance; October 18; Greek physician, disciple, evangelist, and companion of St. Paul; author of the 3rd Gospel and of the Acts of the Apostles

PRAYER FOR THE TIMES

Together we can spread the Light, as a sign of hope in these dark days

Gracious God, trusting in your providence and presence, we bring our prayer for an end to this pandemic.

We pray for your strengthening of those offering costly leadership during this crisis.

We pray for all who are ill.

We pray for those anxious about getting ill.

We pray for those full of grief.

We remember those who have died.

We pray for your grace to sustain us as we do what we can in our context.

We ask these things, as you encourage us so to do. "Ask and it will be given you." (Matthew 7:7).

In resurrection faith, we offer our heartfelt prayer through Jesus Christ our Lord. AMEN.

PRAYER AS I PUT ON MY MASK

Creator,

as I prepare to go into the world, help me to see the sacrament in the wearing of this cloth-let it be "an outward sign of an inward grace"- a tangible and visible way of living love for my neighbours, as I love myself.

Christ,

since my lips will be covered, uncover my heart, that people would see my smile in the crinkles around my eyes. Since my voice may be muffled, help me to speak clearly, not only with my words, but with my actions.

Holy Spirit,

as the elastic touches my ears, remind me to listen carefully and full of care - to those I meet.

May this simple piece of cloth be shield and banner, and each breath that it holds, be filled with your love.

In your name and in that love, I pray.

May it be so. May it be so.

Amen.

Richard Bott, Moderator of the United Church of Canada

CHANGES IN LOCKDOWN PROTOCOLS

The Premier announced on Sunday that religious gatherings of 5 people are allowed to gather outside as from this week. I am aware that a number of people in the parish would like to receive Holy Communion and therefore I will lead prayers and distribute the sacrament at the following times:

- Thursday at 11am - after the 10.15am service
- Friday at 11am
- Sunday at 10.45am and 5.45pm

If you wish to attend one of these times, please ring Fr. Ray or text him on 0419 371 613. You can also email him on his 'personal' email address: ray@theclearys.com.au. You must live within the 5 kilometer's range and not be compromised in any way.

FROM THE LOCUM VICAR

Today, we are observing the Feast day of St Luke, Evangelist and Martyr. He is known as Luke the physician, obviously an educated man, storyteller, probably a Pastor to an emerging eclectic Jewish Christian community and co-worker with Paul. He did not know Jesus and his Gospel was written in the closing or last decade of the first century, probably after the fall of the Jerusalem to the Romans in the year 70. Like the entire Gospel writers, Luke did not simply transmit the story of Jesus' life and teaching as he received it. He was aware of the needs of his own community and his writings coloured by the conditions of his time. He recognised the need to make sense of the story of Jesus for the people of his generation. Throughout his Gospel, Luke is seeking to engage his reader in the drama of salvation embracing the life, death and resurrection of Jesus. In this story, there is hope of liberation from the bondages of our day so that we can be truly the people of God in today's world. Some recent scholars suggest that Luke in writing to his community is encouraging them to be good citizens while under Roman occupation and to use their skills and faith to challenge those parts of the Roman ethos that was inconsistent with God's rule. Likewise, we are called to be participants in the world in which we live while objecting and challenging the forces that disadvantage and discriminate and to be a positive force for justice and mercy.

Over the past week, I have heard a number of stories of how individuals have had their eyes opened when visiting neighbours and finding them in serious need. While governments have taken some action there is much more to be done and the Church has a vital role to be a voice for all in need. This is certainly the essence of Luke's Gospel.

Shalom
Ray

Today 18 October	9:30am 5:00pm	Eucharist with Hymns (Zoom) – Fr Ray Eucharist with Meditation (Zoom) – Rev'd Brenda Williams
Tuesday 20 October	9:15am 7:30pm	Morning Prayer (Zoom) Discussion Group (Zoom)
Thursday 22 October	10:15am	Eucharist (Zoom)
Friday 23 October	11.00am	Prayers in the Memorial Garden with distribution of the sacrament {Only 5 maybe present. Please let Fr Ray know if you wish to be present}
Next Sunday 25 October	9:30am 5:00pm	Eucharist with Hymns (Zoom) – Fr Ray Eucharist with Meditation (Zoom) – Fr Ray

ZOOM SERVICES THIS WEEK AT ST GEORGE'S, MALVERN

Sunday, 18 October 2020

9.30am Eucharist with Hymns, ID: 836 1592 9161, Password: 128161, or you can connect by putting into your search browser the following, [https://us02web.zoom.us/j/836 1592 9161](https://us02web.zoom.us/j/836%201592%209161)

5.00pm Eucharist with Meditation, ID: 864 1305 3468, Password: 356701, or you can connect by putting into your search browser the following, [https://us02web.zoom.us/j/864 1305 3468](https://us02web.zoom.us/j/864%201305%203468)

Tuesday, 20 October 2020

9.15am Morning Prayer, ID: 832 5231 4669, Password: SGM3144, or you can connect by putting into your search browser the following, [https://us02web.zoom.us/j/832 5231 4669](https://us02web.zoom.us/j/832%205231%204669)

7.30pm Discussion Group, ID: 886 8406 1979, Password: 887580, or you can connect by putting into your search browser the following, [https://us02web.zoom.us/j/886 8406 1979](https://us02web.zoom.us/j/886%208406%201979)

Thursday, 22 October 2020

10.15am Eucharist, ID: 836 3779 5513, Password: 196127, or you can connect by putting into your search browser, the following, [https://us02web.zoom.us/j/836 3779 5513](https://us02web.zoom.us/j/836%203779%205513)

ZOOM ETIQUETTE

The following helpful hints will ensure best results for all when using zoom.

1. I suggest you dress as if you were going to church. Please connect no later than **5 minutes** before the schedule time. If you connect once the service begins this may cause disruptions.
2. Adjust the volume of sound from your device when listening to the music using your device's controls, not Zoom.
3. Please click on mute. Only turn mute 'off' if you have been asked to read in the service. Then click mute 'on' again after finishing reading.
4. It is advised that you switch off your video unless speaking.
5. Please do not try to adjust your controls once the service starts.
6. Please turn mobile phones to silent.
7. Find a comfortable place to sit during the service.
8. Every endeavour will be made to limit the service to 40 minutes.
9. At the end of the service, Fr Ray will turn the mute 'off' so you can chat to one another if you wish for 10 minutes.
10. Use the "raisehand" feature when you would like to make a comment or ask a question.

Fr. Ray

The Melbourne Anglican

The October edition of *TMA* is now available online (see <http://tma.melbourneanglican.org.au/this-months-tma>), and print copies are on their way.

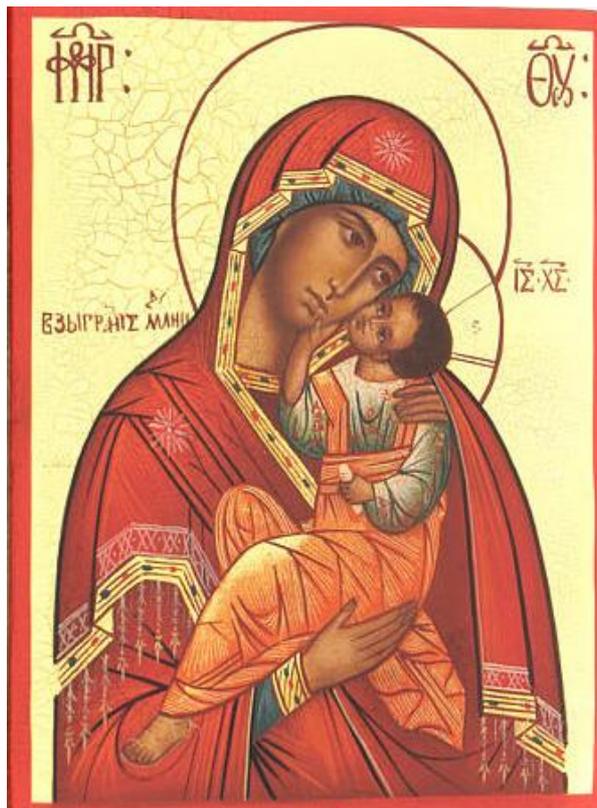
This edition includes:

- Archbishop Philip Freier's plea to the Federal Government to reverse its decision to cut the JobSeeker payment
- An interview with the Revd Gail Pinchbeck, who retired as Archdeacon of Maroondah and Priest-in-Charge of the Parish of Upper Yarra recently. "I pray that I will continue to be 'green and fruitful' and live to the glory of God in the years to come," she says.
- Ken Spackman, who stepped down as CEO of the Melbourne Anglican Diocesan Corporation in August, reflects on his time in the diocese, and how the Church might look when it emerges from the coronavirus pandemic
- An interview with new interim CEO Chris Arnold
- How Anglican Overseas Aid is supporting work to create a safe church for all in the Solomon Islands

- In our viewpoints section, Bishop Brad Billings is concerned about the long-term impacts – psychological, economic, societal – of Melbourne’s protracted lockdown, while the Revd. Dr Gordon Preece argues that the pandemic is allowing the Federal Government to stifle some of society’s critical sectors. And ex-chorister Elizabeth Ridsdale reflects on why church music is more vital than ever during the pandemic.
- A special feature on how the Melbourne Anglican Foundation is supporting parishes to help people in need
- A report on a new forgiveness and reconciliation course to be offered at the Living Well Centre. The course was devised by Melbourne Anglican Dr John Steward, and inspired by the healing of Rwanda from its civil war and genocide
- In our “A Book that Changed Me” column, the Revd Dr Colleen O’Reilly reflects on how reading Henri Nouwen’s Reaching Out was a turning point, leading her to a “reaching inwards of the kind that transforms”.

Trinity Weekly Theological School Devotion

Compassion for the self and for others is a pathway to peace and harmony, and what the world needs right now.



Virgin of Tenderness, Russian icon

The Revd Canon Professor Dorothy Lee

One aspect of mindfulness in Buddhist practice is cultivating the virtue of compassion. The meditation includes self-compassion along with compassion for those you know, and finally extended towards all living creatures.

Mindfulness practitioners acknowledge that self-compassion is particularly difficult to achieve. Mahatma Gandhi once famously said that, in the end, his worst enemy was not so much the British Empire or anything else external, but himself. Self-compassion enables us to forgive ourselves and thereby reach out to others, overcoming anger, resentment, bitterness and hatred.

Compassion for the self and for others is thus a pathway to peace and harmony, and ultimately to a better world.

Christian faith concurs with this vision of compassion, and Christian meditators often practice the same meditation.

Yet mindfulness within a monotheistic tradition such as Christianity, Judaism or Islam, brings a unique perspective on compassion. In the first place, in these religious traditions compassion belongs first and foremost to God. It is constitutive of the divine nature.

The Hebrew Scriptures express this clearly, since the divine love is grounded in God's creation of all things: 'The Lord is good to all, and his compassion is over all that he has made' (Psalm 145:9). The New Testament sees the person who loves as already connected to God because love defines God: 'God is love, and those who abide in love abide in God, and God abides in them' (1 John 4:16).

Secondly, our religious faiths give place not only to compassion but also to divine judgement. This is a scary thought, evoking Mediaeval images of hell-fire, or memories of harsh judgementalism and rejection. But divine judgement is not like that. It is the pronouncing of God's No against all that is evil and oppressive, all that demeans and harms, all that leads us to self-rejection and the rejection of others.

We need to hear that divine 'No' and to echo it, not by judging and condemning others, but by standing up against evil wherever we encounter it: in our political systems as much as in our hearts. God's judgement is part of God's love. Because of that love, God censures our selfish acts, our self-hatred, our coldness and indifference to the suffering of others, our despoiling of the earth. Even so God does not reject us, but offers us instead forgiveness and healing, and the chance for a transformed life.

It is wonderful to meditate on compassion for ourselves, for others and for all living creatures. But by itself our own compassion, no matter how often or how successfully we meditate, is not enough. By ourselves we cannot fill the world with loving kindness. We need the loving grace and mercy of God to aid us and we need to hear the voice of God against injustice. God's love is the first and hopefully will be the last word on our lives. When we struggle to love, when we are unable to forgive, when we can't move beyond bitterness at another's wrongdoing or at our own stupidity, God's forgiving compassion and grace enfolds us.

Let's keep on meditating on compassion, inviting it more and more into our hearts. But let's put God at the centre of all loving kindness, no matter how much or how little we know or believe. Let's listen for the voice of God, summoning us to strive for goodness and justice. And let's allow ourselves, again and again, to be bathed in that divine compassion which is the only hope for ourselves and for the world.

PRELUDE
Canzonetta Mathias

****The bell rings as we gather together. Text printed in bold is said by all.***

In the Name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The Lord be with you.

And also with you.

Sentence: The harvest is plentiful, but the labourers are few; ask therefore the Lord of the harvest to send out labourers into his harvest.

WELCOME

HYMN

O Spirit of the living God,
in all the fullness of your grace,
wherever human feet has trod,
descend on our rebellious race.

Baptize the nations; far and wide
the triumphs of the Cross record;
the name of Christ be glorified;
let every people call him Lord.

Let us pray.

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden: cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit, that we may perfectly love you,
and worthily magnify your holy name, through Christ our Lord. Amen.**

Silence is kept

Let us confess our sins in penitence and faith confident in God's forgiveness

**Merciful God, our maker and our judge,
we have sinned against you in thought, word, and deed, and in what we have failed to do:
we have not loved you with our whole heart;
we have not loved our neighbours as ourselves;
we repent, and are sorry for all our sins. Father forgive us. Strengthen us to love and obey you in
newness of life; through Jesus Christ our Lord. Amen.**

Almighty God,
who has promised forgiveness
to all who turn to him in faith:
pardon you and set you free from all your sins,
strengthen you in all goodness
and keep you in eternal life,
through Jesus Christ our Lord. **Amen.**

Kyrie eleison
Lord have mercy,
Christ have mercy,
Lord have mercy.

THE GLORIA

**Glory to God in the highest,
and peace to God's people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks, we praise you for your glory
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father: receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.**

The Collect – St Luke

Gracious and loving God,
you chose Luke the evangelist
to reveal in his gospel
the mystery of your love for the poor and outcast:
unite in heart and spirit all who profess your name,
and lead all nations to seek your salvation
in Jesus Christ, your Son;
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever. Amen.

THE MINISTRY OF THE WORD

Reader: Judy Mallinson

First Reading

Is there no balm in Gilead?
Is there no physician there?
Why then has the health of my poor people
not been restored?
O that my head were a spring of water,
and my eyes a fountain of tears,
so that I might weep day and night
for the slain of my poor people!
O that I had in the desert
a traveller's lodging-place,
that I might leave my people
and go away from them!
For they are all adulterers,
a band of traitors.
They bend their tongues like bows;
they have grown strong in the land for falsehood, and not for truth;
for they proceed from evil to evil,
and they do not know me, says the Lord.

Jeremiah 8:22-9.3

Reader For the Word of the Lord
ALL **Thanks be to God**

Psalm 145:10-18

All creation praises you, O Lord :
and your faithful servants bless your name.
They speak of the glory of your kingdom :
and tell of your great might,
That all mankind may know your mighty acts :
and the glorious splendour of your kingdom.
Your kingdom is an everlasting kingdom :
and your dominion endures through all generations.
The Lord upholds all those who stumble :
and raises up those that are bowed down.
The eyes of all look to you in hope :
and you give them their food in due season;
You open wide your hand :
and fill all things living with your bounteous gift.
The Lord is just in all his ways :
and faithful in all his dealings.
The Lord is near to all who call upon him :
to all who call upon him in truth.

Second Reading

Do your best to come to me soon, for Demas, in love with this present world, has deserted me and gone to Thessalonica; Crescens has gone to Galatia, Titus to Dalmatia. Only Luke is with me. Get Mark and bring him with you, for he is useful in my ministry. I have sent Tychicus to Ephesus. When you come, bring the cloak that I left with Carpus at Troas, also the books, and above all the parchments. Alexander the coppersmith did me great harm; the Lord will pay him back for his deeds. You also must beware of him, for he strongly opposed our message.

At my first defence no one came to my support, but all deserted me. May it not be counted against them! But the Lord stood by me and gave me strength, so that through me the message might be fully proclaimed and all the Gentiles might hear it. So I was rescued from the lion's mouth.

2 Timothy 4:9-17a

Reader For the Word of the Lord
ALL **Thanks be to God**

Gospel Acclamation

ALL Alleluia, Alleluia, **Alleluia, Alleluia**
I have chosen you from the world, says the Lord.
To go and bear fruit that will last
Alleluia, Alleluia, **Alleluia, Alleluia**

Reader The Lord be with you
ALL **And also with you**

Reader Hear the Good News of our Lord Jesus Christ according to Luke
ALL **Glory to you Lord Jesus Christ**

After this the Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest. Go on your way. See, I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals; and greet no one on the road. Whatever house you enter, first say, "Peace to this house!" And if anyone is there who shares in peace, your peace will rest on that person; but if not, it will return to you. Remain in the same house, eating and drinking whatever they provide, for the labourer deserves to be paid. Do not move about from house to house. Whenever you enter a town and its people welcome you, eat what is set before you; cure the sick who are there, and say to them, "The kingdom of God has come near to you."

Luke 10:1-9

Reader For the Gospel of the Lord
ALL **Praise to you Lord Jesus Christ**

THE HOMILY

Silence is kept

AFFIRMATION OF FAITH

Let us stand and together affirm the faith of the Church

We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father; through him all things were made.

For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS

Led by: Jenny Robertson

Prayers are offered for the world and for the church. Please join in the response, led by the Intercessor.

Let us pray to the Father through the risen Christ who is close to us now and always.

Silence is kept

For the Anglican Church

We give thanks for Fr Gregory Seach as he prepares to come among us.

We also pray for The Episcopal Church (Bp Michael Curry); Locums and all retired clergy; Lay Ministry; St Augustine's Moreland (Angela Cook, Christopher Swann); St James the Less Mt Eliza – Pastoral Visit (Bp Paul Barker); All Saints' Clayton – Pastoral Visit (Bp Paul Barker); Chinese Mission of the Epiphany – Pastoral Visit (Bp Genieve's Blackwell); St Mary's Sunbury (Bp Kate Prowd); Holy Trinity Williamstown – Diocesan Service (Bp Kate Prowd).

For all in need

May all who are in trouble, in need or sickness find peace and refreshment in you. We pray especially for Sam, Milroy, Elsbeth, Lorraine, Alan, Anne, Paul, Christine, Lei and her family, Keith, Peter, Ann, Leon, Erica, Josh, Shirley and Val, Eric and members of the Parish in hospital facing surgery or recovering from an illness.

Lord in your mercy, **hear our prayer.**

For the Faithful Departed

We remember Ulysses Richards, Thomas Belcher, Leslie Russell, Eleanor Krome, Florence Richards, Keith Emmerson, Graham Hartley Grenfell Thomas, Elaine Meyer, Patricia Elizabeth Belshaw, Edna Valentine, Nellie Johnson, James Cunningham, Frank Nelson, Eric Dalton *whose anniversary of death we remember this week.*

Intercessor: Almighty God you have promised to hear our prayers.

All Grant that what we have asked in faith we may by your grace receive through Jesus Christ our Lord. Amen.

THE GREETING OF PEACE

We greet one another with a sign of peace. The table is laid and our offerings received.

We are the body of Christ

His spirit is with us

The peace of the Lord be always with you.

And also with you.

OFFERTORY HYMN

Sometimes a healing word is comfort:
easing the grieved or anxious heart,
giving assurance of our caring,
treasuring each and every part.

Refrain:

Come, break the silence!

Let us tell

the Word that makes us

free and well.

Sometimes a healing word will listen:
hearing the voiceless into speech,
letting the pattern of the story
move us to learn what it can teach. *[Refrain]*

THE GREAT THANKSGIVING

PRAYER OVER THE GIFTS

Blessed are you, Lord, God of all creation.

Through your goodness we have this bread to offer, which earth has given, and human hands have made. It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands.

It will become our spiritual drink.

Blessed be God for ever.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Holy, holy, holy Lord,

God of power and might.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Christ has died.

Christ is risen.

Christ will come again.

**Blessing and honour and glory and power
are yours for ever and ever. Amen.**

THE LORD'S PRAYER

As our Saviour Christ has taught we are confident to pray,

Our Father in heaven,

hallowed be your name,

your kingdom come, your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are yours

now and forever. Amen.

THE BREAKING OF THE BREAD

We break this bread to share in the Body of Christ. Though we are many, we are one body.
For we all share in the one bread.

AGNUS DEI

Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, grant us your peace.

HOLY COMMUNION

Jesus is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

The sacrament of the Eucharist is given with these words
The body of Christ. **Amen.**

Once all have received, we pause for a moment of Silence.

THE SENDING OUT OF GOD'S PEOPLE

The Lord be with you.
And also with you.

Let us pray.

Gracious God,
we thank you that in this sacrament
you assure us of your goodness and love.
Accept our sacrifice of praise and thanksgiving
and help us to grow in love and obedience
that we may serve you in the world
and finally be brought to that table
where all your saints feast with you forever.

Most loving God,
you send us into the world you love.
Give us grace to go thankfully and with courage
in the power of your Spirit.

POST COMMUNION HYMN

O for a thousand tongues to sing
my great Redeemer's praise *(Repeat)*
the glories of our God and King,
the triumphs of his grace. *(Repeat twice)*

My gracious Master and my God,
assist me to proclaim *(Repeat)*
to spread through all the earth abroad
the honours of your name. *(Repeat twice)*

THE BLESSING

**God give us grace to follow Luke and all the saints in faith and hope and love,
And the Blessing of God, Father, Son and Holy Spirit be with us, now and forever. Amen**

THE DISMISSAL

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

POSTLUDE

Postlude Mathias

BIBLE READINGS: 25 October	21st Sunday after Pentecost
Deuteronomy 34:1-12 Psalm 90:1-6, 13-17	1 Thessalonians 2:1-13 Matthew 22:34-46

NOTICES

MEMORIAL GARDEN

The Parish Memorial garden is in regular use by many in our community. It is place of rest, solace and prayer for departed loved ones. It is also a space for reflection and contemplation. If you are using the gardens during the pandemic, please keep social distancing and wear a mask.

PARISH AND ELECTORAL ROLLS

Both the parish and the electoral rolls will be reviewed over the next few weeks in preparation for the Annual Meeting to be held middle to late November. A date has not been finalized as yet. Over the coming weeks you may receive a phone call from Brenda or myself to check details that we currently have recorded. The Parish role includes everyone engaged or connected with the parish in some way while the electoral includes only those who are baptized, attend church on a regular basis and are eligible to vote at meetings. If you are unsure about your status on the roles, please email Brenda or Nisha in the office. We are required by the Diocese to review the list each year.

WEARING OF MASKS

During the current lockdown restrictions there is no access to the church, hall and grounds. Masks must be worn if you need to attend to an urgent maintenance matter or are assisting at worship. You are not permitted on the church property to mow the lawns or garden. If in doubt, please check with one of the wardens or Fr Ray. The clergy require a permit to provide worship from the church likewise those who assist with worship.

There is a \$200 fine if you are caught without wearing a mask on Church property. There are no exemptions. The only time I will not be wearing a mask in Church is when I am conducting a service. If these rules are broken the Church may be fined up to \$6,000.



Meditation & Mindfulness (Reflection event via Zoom)

(Carol Dyer, B.A. (Psych), Transpersonal & Experiential Psychotherapy Level 5 (Trainer), PACFA Register 21381, Cert. Spiritual. Direction (Heart of Life, 2008)

Saturday 7 November 2020, 10am-1pm, \$25

As we have been 'staying at home' and getting on with our lives as best we can, there is an invitation to 'come inside' and engage with our activities in a more conscious fashion. Join us for an opportunity to broaden your ways of accessing your inner world and listening to what God is inviting you to at this time. Whilst we will be using an online platform (Zoom) to gather for this reflection event, rest assured that you will not be spending the three hours in front of your screen! There will be some input for the purpose of enabling you to learn some theory of meditation and mindfulness practices (that we do on the day) that you can then continue in your daily living.

Book At: <https://www.trybooking.com/events/landing?eid=663916&>

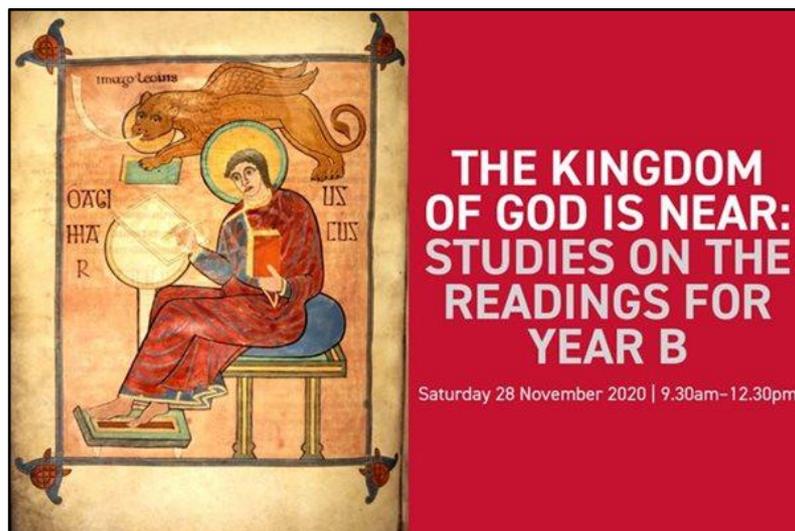
Upon registering for this event, we will send you some tips to help you to gain the most from your few hours with us in Meditation & Mindfulness. For more information, email us at holsc@bigpond.com.

PARISH ANNUAL GENERAL MEETING

The Annual General meeting of the Parish will be held on 22 November in the Church, following our 9.30am combined service. If necessary, the meeting will be held by Zoom or a combination of those present in Church and in their homes. Further details will be provided closer to the date.

Nominations will be called next week for the offices of Church Warden {2}, members of the Parish Council {6} and the Incumbency Committee {2}. This shall be given to the Locum Vicar by noon on Tuesday, 17 November. Notices of Motion or other General Business for inclusion on the agenda shall be given to the Secretary of Vestry, Wardens or Locum Vicar on or before Tuesday, 17 November by noon.

STUDIES ON THE READINGS FOR YEAR B



This half-day webinar is an opportunity for clergy and lay people to be enriched by the readings from Mark and elsewhere in the Bible for the forthcoming Church Year B.

For clergy, this is a study day, providing you with resources for preaching, worship and ministry, commencing on Advent Sunday. For lay people, this is a wonderful opportunity to explore the Bible, discover its riches and deepen your spirituality. There will be plenty of opportunity for reflection, input and discussion.

Please note: We are aware that several ordinations will be occurring at this time. We are arranging to record the session and if you register, we will be able to send you a link.

The day's leaders:

The Revd Dr Robert (Bob) Derrenbacher is the Dean of the Trinity College Theological School, where he is also the Frank Woods Associate Professor in New Testament. Bob undertook his theological studies in Canada, including a PhD, at the University of Toronto. He has held a number of positions at Canadian universities, and prior to joining Trinity College Theological School was President of Thorneloe University in Sudbury, Ontario. He has a wide range of research interests including the Synoptic gospels.

Dr Rachelle Gilmour is Bromby Senior Lecturer in Old Testament at the Trinity College Theological School. She has published two books and a number of articles on the books of Samuel, Kings and Jeremiah and is an editor for the *Journal for the Study of the Old Testament* and the *Review of Biblical Literature*. Her current book project is titled 'Divine Violence in the Book of Samuel'. Rachelle is also a member of St James' Old Cathedral in West Melbourne.

Register here: https://www.trybooking.com/book/event?eid=647150&	
Date:	Saturday 28 November 2020
Time:	9.30am–12.30pm
Location:	Online Zoom conference – your Zoom link will be sent to you the week of the conference
Cost:	\$25 adults, \$20 concession
Enquiries:	theologyevents@trinity.unimelb.edu.au

Christian Principles of Time Management - written by Roland Croucher

- 1. Be positive.** Time is God's gift and you have all the time you need to do His will for you. Jesus was busy but unhurried and did what God had ordained for him to do. So can we. We can always make time for things that are important to us.

- 2. Know what's important.** Loving the Lord is more important than loving the work of the Lord. Ministry to your family comes before ministry in your church or to anyone else. Pleasing God is more important than saying "yes" to all the demands of others.

- 3. Know your life-goals, your gifts and your limits.** Write them down in three lists. As you grow, they'll change. What are your spiritual desires, your personal values? Your ultimate goal is to grow into union with Christ. Next is the desire to become a godly community member. What would you like to be said about you in your obituary?

- 4. Begin each day with a quiet uninterrupted hour** for spiritual reading and prayer. Do this in a special place other than where you work or study.

- 5. Set Goals.** Good goals whether daily, weekly or longer term are specific.

- 6. List priorities.** What is important, and/or urgent? The "urgent" may not be 'Important'.

- 7. Compile a daily "to do" list.** Label each item eg A, B C etc.

- 8. Get started.** on A and work through the list. Perhaps some can be deferred indefinitely.

- 9. Take breaks.** Do some isometric exercises or have a rest. Never think of resting as a poor use of time.

- 10. Plan.** Good planning saves time. If you fail to plan your plan to fail. Planning is bringing the future into the present so that you can do something about it now.

- 11. Learn to manage interruptions.** 'You make your plans but God directs your actions' (Proverbs 16:9). Some of these interruptions are laden with golden opportunity. Throughout Jesus' life you will find that almost everything glorious came out of an interruption.

- 12. Ask yourself.** What is the best use of my time right now? What are my time wasters?

- 13. Keep your desk tidy.** Handle each piece of paper only once. You can't kill time without injuring eternity. Benjamin Franklin said 'Dost thou love life? Then do not squander time, for it is the stuff life is made of.

14. Hurry isn't necessary. 'He who makes haste with his feet misses the way (Proverbs 19:2). John Wesley said "I have no time to be in a hurry".

15. Above all. Be idle sometimes to the glory of God. Pascal has said that most of the evils of life arise from our 'being unable to sit still in a room'. There is no fun in having nothing to do, the fun is having lots to do and sometimes not doing it.

Elsbeth Jones

PARISH DIRECTORY

296 Glenferrie Road, Malvern, VIC 3144

**LOCUM VICAR**

Fr. Ray Cleary

Phone: 0419 371 613
Email: ray@theclearys.com.au

ASSISTANT CURATE

Rev'd Brenda Williams, Deacon

Sat - Tues, Thurs. Please contact via email, text or phone during the coming weeks.

Phone: 0481 162 667
Email: curate@stgeorgesmalvern.org

HONORARY ASSOCIATE PRIEST

The Rev'd Bill Michie

ORGANIST & DIRECTOR OF MUSIC

Elizabeth-Anne Nixon

Email: music@stgeorgesmalvern.org

CHURCH OFFICE

(Note: The office will remain closed during the Covid-19 virus. However, you can call the office number and leave a message or alternatively, you can send an email)

Nisha O'Brien

Monday-Friday 9:30am-12:30pm
Phone: 9822 3030
Email: office@stgeorgesmalvern.org

WARDENS

Jenny Weller-Newton 9570 7731
Judy Mallinson 0414 752 957
Ravi Renjen 0412 399 897